St.Davids Food & Wine Order form 01437 721948/07385 712468

orders@stdavidsfoodandwine.co.uk

Name **Contact Details**

Here is a small selection of the available stock. Our fruit, veg and milk are all organic. Subject to availability. We are currently open for orders, and collection or delivery from 9am till 3pm Monday to Saturday.

Please ask for delivery only if you are a vulnerable person or self isolating

People are allowed out to shop so if you are fit and healthy, you can bring your order and sit on one of our benches in the sunshine while we put it together for you. Card payment only thanks.

Milk	**1pt**	**1ltr**	**Dairy**	**No.**	Frozen bread	No.
Skimmed			Organic Butter unsalted 250g		Organic White bloomer	
Semi-Skimmed			spreadable butter 500g		Organic Brown bloomer	
Full Cream			Kefir Drink (500ml)		Sourdough Bloomer	
Soya milk	x		Organic Natural yoghurt 500g		Gluten free sliced loaf	
Almond milk	x		assorted small flavoured yoghurts		Sliced Granary sandwich loaf	
Oatly Barista	x		Org double cream (300ml)		Sliced white sandwich loaf	
Oatly Regular	x		Organic Salted butter 250g		Multicereal loaf	
Coconut Milk	x		Crème fraiche 250g		Sourdough Baguette	
			dairy free spread (Vegan) 500g		Rye loaf	

Breakfast Goods						
Preserves	small	large		no. packs	**Juice**	no.
Orange marmalade			Free Range eggs (1/2 doz)		1 litre apple juice	
Strawberry jam			Welsh Organic eggs (1/2 doz)		1 litre orange juice	
Raspberry jam			Welsh Org Duck eggs		Cawston Press 1 litre	
4 fruit Marmalade	x		~~Trealy Farm streaky bacon~~		1 litre Cranberry Juice	
St Davids Honey	x		Muesli nutty / fruity		Duskins Apple juice (1 litre) Not from concentrate)	
New Quay Honey			Organic cornflakes		Large Pembs Apple Juice 75cl	
Acacia Squeezy Honey	x		Organic porridge		Small Pembs Apple Juice 330ml	
			Jumbo oats		Org Apple Juice 75cl	

Pasta		**Rice Etc.**		Dried Pulses	
Macaroni		White Basmati organic/ non organic		Red lentils organic/ non organic	
White Penne		Brown Basmati organic/ non organic		Green Lentils organic / non organic	
Brown Penne		Long grain brown		Dark Speckled Lentils (puy) organic/ non organic	
White Fusilli	x	Short grain Brown		Yellow Split Peas	
Brown Fusilli		Arborio organic/ non organic		Quinoa organic Red or white	
Tortiglioni		Couscous		Organic Buckwheat/Bulgar	
Pasta shapes travel/animal		Pearl Couscous		Dark Green Lentils	

Orrechiete		Wild rice		Chickpeas	
Spelt Pasta – Fusilli/Spaghetti		Carnaroli (organic)		~~Punjaban Naan Bread~~	

Cheese - cheddar	per 100g	**Salamis (Trealy farm)**	Number
Local organic Caerfilli/ Cheddar (circle choices)		~~Spicy Paprika~~	
Hafod , organic (mature cheddar)		~~Smoked Sweet Paprika~~	
Oak smoked Cerwyn		~~Fennel~~	
Caws Cerwyn (mild cheddar)		~~Cracked Black Pepper~~	
~~Snowdonia Green Thunder~~		~~Wild Boar~~	
Snowdonia Black Bomber		~~Game & Red Wine~~	
200g truckles:black bomber/ red devil / green thunder, perl wen, perl las		**Baked Goods**	
Blue Cheese		Curried Veg. pasty	
Perl Las		Cornish Pasty	
Tysul		mini Cornish pasty	
Other Cheeses		tomato basil mozzarella slice	
Packet of Gruyere		spinach & feta bake	
Preseli Brie			
Perl Wen		Steak bake	
Teifi Savale		Sausage roll	
200g truckle organic Perl Wen		Small Mediterranean Quiche	
Harlech		Small Quiche Lorraine	
Y Fenni			
Goats Cheese		Edwards of Conwy Pork Pie	
Smoked Goats Cheese		Lamb Oggie (Pasty)	
Manchego			
Twineham Grange (Parmesan style cheese) 150g			Per 100g
Halloumi 250g		**Our own fresh Coleslaw**	
Organiic Mozzarella 125g		**Our own Fresh Organic Hummous**	

Gluten Free			
Penne pasta		Self Raising Flour	
Lasagne		Brown Bread Flour	
corn and veg shells		White Bread Flour	
Spaghetti		Rice Flour	
GF Muesli		Maize Flour	
GF biscuits		Buckwheat Flour	
Eat Real Hummus/Lentil Chips		Yeast Flakes	

Wines etc (see list on website)	£7-10	£11-13	£14 +
Red			
Dry White			
Medium White			
Rose			
Champagne			
Sparkling white/rose			

Special Offer – 2 bottles of lovely Italian red or white £13.98 – Mix and Match			
Sherries	x		
Ports	x		
Beer/ Lager/ cider	Number		
Local beer from £2.95			
4 pack Stella/ Carslberg			
Welsh Ciders from £2.95			
Double Dragon Beer			
Gethins Cyder			

Tinned Beans/ Pulses/ Tomatoes					
Plum Tomatoes		Six Bean Mix		Black Beluga Lentils	
Chopped Tomatoes		Aduki Beans		Black Eye Beans	
Cherry Tomatoes		Butter Beans		Red Kidney Beans organic	
Baked Beans (org)		Black Beans		Red Kidney Beans	
Green Lentils		Butter Beans		Jars of cooked brown lentils (Spanish)	
Chickpeas		Borlotti Beans		Large White Beans (Judion) in Jars	
Mixed Beans (Org)		Cannellini Beans		Coconut Milk for cooking (light or full)	
Organic Passata 690g		Tomato Puree		Org Haricot Beans	
Pizza Tomato Sauce				Giant Beans in Tomato Sauce	
Sun dried Tomato Paste		Dark Tahini 270g		Light Tahini 270g	
Pickles/Ferments				**Tinned Fish**	
Sauerkraut (local) 4 flavours + Kimchi		Capers (250g)		Tuna in Brine or spring water (Fish 4 Ever)	
Pickled Onions		Cornichons		Spratts in Spring water (F4E)	
Pickled red cabbage		Pickled green chillies 300g		Anchovies 50g tin	
Gherkins		Tempeh		Boquerones (Anchovies) 110g Sflower Oil	
Pickled eggs		Sun dried tomatoes (jar)		Whole garlic cloves	
Dill cucumbers				Red roasted peppers	

Coffee		**Tea**	
Grumpy Mule Colombia Ground / Colombia Beans/ Guatemala Pocola/ decaff / Café Feminino		Everyday Organic tea bags / decaff tea bags	
Clipper small coffee jars decaff/ normal		Snore & Peace / Pukka Night time	
Taylors decaff / Lazy Sunday / Rich Italian/ Java Lava/ Brasilia		English Breakfast Tea bags/ loose	
Teifi Coffee – both ground and beans – Great locally made coffee		Clipper Chamomile Tea	
Pembrokeshire Coffee Co		Twinings Lapsang Souchong tea bags	
		Herbal Teas: peppermint / nettle / fennel/ echinacea/ rosehip	
		Chantler teas – loose & local Loads of flavours	

Cooking Sauces		**Cooking Oil**		**Vinegars**	
Punjaban Curry Sauces / mild / medium /hot/ tamarind		Sunflower / organic/ non organic		White wine / Red Wine organic/ non organic	
Veg. Bolognese (Org)		Olive Oil organic/ non organic		Cider vinegar organic/ non organic	
Napoletana (Org)		Coconut Oil		Org Cider Vinegar with the mother Biona / Suma	
Arrabiata (Org)		Rapeseed Oil		Malt vinegar	
Red Wine & Porcini mushrooms (Org)		Walnut Oil		Balsamic vinegar (Oak aged)	
Tomato & Basil Sauce (Org)		Truffle Oil		Dios Baco Sherry Vinegar	
Olive, garlic & Chilli (Org)		Coconut Oil 650g (Org)			

Gins		**Crisps and Snacks**	
Da Mhile Seaweed/Botanical/Oak aged 70cl/35cl/5cl		Tyrrells Large and small 6 flavours	
Aber Falls (please ask)		Manomasa tortillas	
Cinnamon Grove 35/70cl H/west based distillery also 35cl in Pink		**Utilities**	
Jin Talog – Carmarthenshire Gin – Pure taste		Washing up liquid 1 litre and 5 litre	
Jin Sych Tyddewi – our very own gin		Laundry Liquid 1.5litre and 5 litre	
Olives		Toilet Tissue (4 pack)	
Green/Kalamata Lots of flavours – do ask		Wooden toothbrush	
Mani Organic olives		Ethical toothpaste	

Flour		**Soft drinks**	
Y Felin Org Rye		Cawston Press 1 litre Apple/Elderflower/Rhubarb	
Y Felin Spelt		Cawston Press Cans 99p	
Y Felin Wholemeal/White		Coke/Diet Coke Cans	
~~Shipton Mill 2.kg White Bread~~		Pepsi 500ml/Diet Pepsi Bottles 600ml	
~~Shipton Mill 2.5kg Wholemeal~~		Bottled water 500ml	
Selection of Spelt Sharpham Park Flours - ask			
Olives			
Green/Kalamata Lots of flavours – do ask			

Meat – Welsh high welfare		Whole free range Welsh Chickens	
Minced Chicken Breasts		Trealy Farm Gluten Free Black pudding (the best!)	
Chicken Breasts (skinless)		Trealy Farm Fennel cooking sausages	
Pork Chops		Trealy Semi-dried chorizo cooking sausages	
Welsh Minced Lamb			
Welsh Lamb neck fillet			
Welsh Lamb Chops		Vegetarian Sausages	
Beef Braising Steak			
Welsh Back Bacon			
Pork Sausages (other flavours available)			
Joints – Just ask			

Speciality Bread		**Ice Cream (new)**	
Spelt loaf with sprouted rye		Upton Farm Vanilla Ice Cream 500ml	
Organic sourdough white loaf		Upton Farm Vanilla Ice Cream 1 litre	
~~Organic Boule Country Bread~~		Upton Farm Pembrokeshire Promise 500ml	
Malted sourdough sliced		Upton Farm 20ml Strawberry/Toffee Fudge/Choc	
demi Baguette Rustic sourdough		**Handmade Scotch Eggs**	
Organic Multi cereals loaf			
~~Organic wheat rye multigrain loaf~~			
Gourmet Green olive loaf			
Olive & oregano Loaf			
Gluten free roll selection		BBQ Charcoal 1kg	
		BBQ Charcoal 3kg	

We have a large range of organic fruit and veg, a list of current offerings will be written on the board outside the shop and is on the web site but we usually have plenty of carrots, potatoes, apples, bananas, ginger, turmeric, garlic, chillies, broccoli, tomatoes, oranges, lemons, onions, salad packs. See list on the website www.stdavidsfoodandwine.co.uk Just ask and we may be able to source it. Ask also about our extensive range of Pates and dips.

We also have other things that will delight you. Just ask.

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